

A day in the life of a Allied Health Worker

For me, a typical day begins at home. I've checked my diary and it's full of different appointments.

First off I'm off visiting clients in their homes to do assessments. I regularly visit clients that are in need of treatment and exercise programs. These can be clients in programs such as Department of Veterans Affairs, Homefront, Compensatory or Private Health.

These are really satisfying as I can see the ongoing benefit of my work. For example one of today's clients had previously been having falls, so I was brought in by his field nurse to do an assessment and help her with planning the intervention required. We've been seeing him for 3 months and now he is more mobile and happy than he has been for a long time! On the road I have a portable plinth (treatment table), and also an ultra sound machine.

After a lunch stop at my favourite spot, it's into the office at Glenside. I'm seeing a staff member for early intervention assessment and treatment. Then I'm booked to perform two pre-employment assessments for potential recruits! Afterwards, I've got time to write reports for those assessments and finish my notes from this mornings client visits. I also liaise with the another organisation about getting some equipment for a different client. I make sure that I have everything ready for tomorrow's Manual Handling training at one of the divisional offices.

Before I go home, a quick catch up with the Home Therapy Manager about a training course I'm booked in for next week.

It gives me such a great feeling when I get home after work and think... today I helped someone remain independent. I made a difference in that person's life.

Kevin
Physiotherapist